

The
COCAITCO



SOUVENIR

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In presenting this souvenir, if any apology were required, its necessity would soon disappear to any person sojourning at this "Haven of Rest" and enjoying the health, comfort and recreation to be derived.

The owner, J. L. STEINMETZ, of Lancaster, Pa., established this Resort to supply the want for just such a place.

By reason of the natural advantages "THE COCALICO" is without a rival; and in accommodations provided for the comfort of guests, it is unexcelled.



THE LIBRARY
OF
THE
COCALICO
RESORT



P

Dr. B. R. Keim,

UNIVERSITY OF
CALIFORNIA



Front View of Main Building.



East Main and Lake Street Views of Principal Building.



“The Cocalico.”



THIS booklet is intended to introduce “THE COCALICO,” and its pleasant surroundings.

The buildings, with their many attractions, together with the natural advantages of the best Alkaline Mineral Spring water, salubrious air, varied landscape, beautiful scenery, and most delightful climate, make this an *ideal* Summer and Winter Resort.

We will first mention the natural advantages, some historical associations and a description of the locality.

Imagine yourself standing on the observatory of the main building, five stories high, looking upon the surroundings: a grand, magnificent panoramic view.

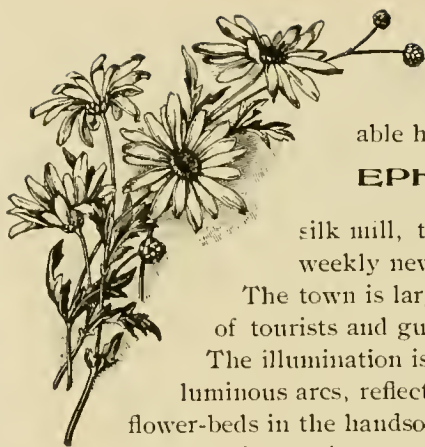


Views of Main Buildings.

1916



View on the Cocalico.



Immediately about you, on the southwestern slope of the mountain, is scattered the thriving borough of Ephrata, containing about 3,000 inhabitants, with comfortable homes, wide streets, shaded avenues and a variety of industries ; there are also found here five churches, a large silk mill, two National banks, cigar factories, three weekly newspapers, stores and shops.

The town is large enough to supply the temporary wants of tourists and guests.

The illumination is by electricity. The brilliant light, from the luminous arcs, reflected through the thoroughfares and over the flower-beds in the handsome lawns, dispels all that is dismal by night.

Along the northwestern boundary of the borough is seen the romantic Cocalico Creek, meandering its way through the most fertile and productive farm lands that add so much to the varied landscape. Spanning this historic stream is the old stone arch bridge of the Hore-Shoe turnpike, across which passed many a stage and Conestoga wagon before railroads and canals were built.

Here, also, was one of the earliest paper mills in the United States, one of the industries of the Communistic Society known as the Seventh-Day-Baptists.

About the year 1708 a religious society was organized in Germany called the Dunkers.



" From the bridge I leaned to hear
The milldam rushing down with noise
And see the minnows everywhere
In crystal eddies glance and poise."



The Cloister Building at Ephrata.

Persecution soon drove them from their homes.

They emigrated to America, settled near Ephrata and
SEVENTH-DAY= for several years scattered in the neighborhood.
BAPTISTS. Conrad Beissel, the most prominent leader, lived in a

cave. They soon re-united and made many converts, the most distinguished of whom was Rev. Peter Miller, of the Reformed Church, who was a most learned man and intimate friend of General Washington.

He translated the Declaration of Independence into seven different languages. The Society established a monastery.

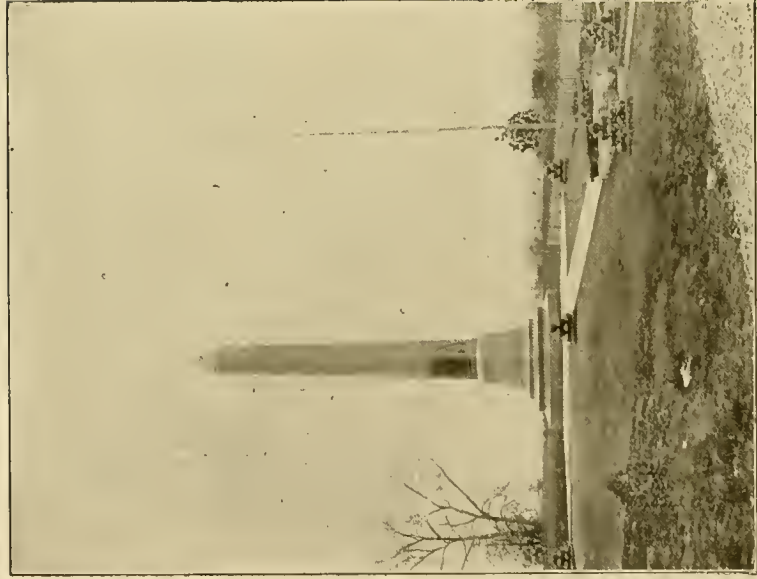
It purchased a large tract of land and erected the cloister buildings more than 150 years ago; you can see them on yonder outskirts along the turnpike. They are of ancient architecture and singular appearance and are frequently visited by tourists, who find interest in examining the records and relics of the ancient organization.

The first Sabbath-school in the World was established here. The Society had its own printing-press—one of the first in the country.

The organization supplied its own wants and soon became independent of
CONGRESS. the World.

When Congress left Philadelphia and met in Lancaster for safety the Continental money was printed here.



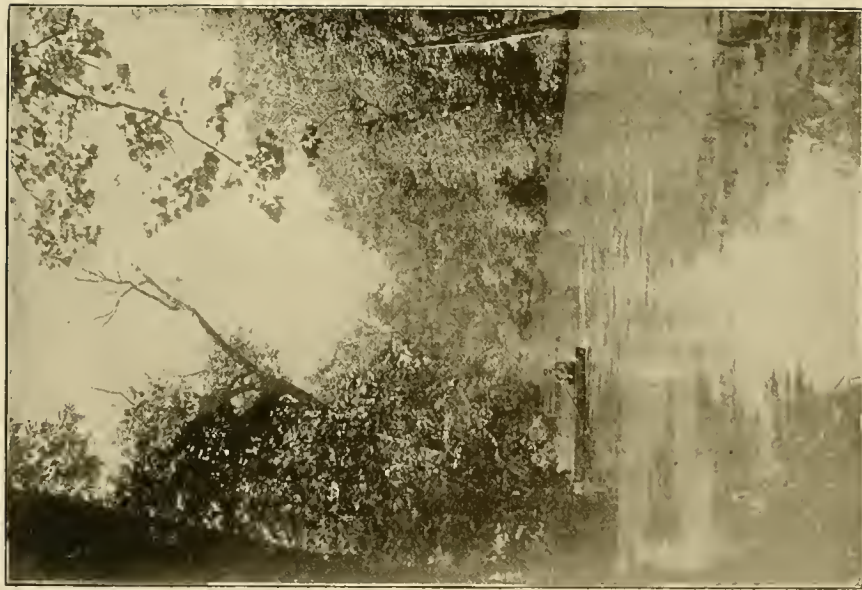


Revolutionary Soldiers' Monument.

Near the monastery buildings on the knoll you see Mt. Zion Cemetery, in the consecrated ground of which sleep the remains of several **MT. ZION.** hundred patriots who were wounded in the battle of the Brandywine 1777. Until the year 1902 these Revolutionary patriots had no mark for their graves, except a plain board nailed across two upright posts, containing these words: "Heir ruhen die Gebeine von viel Soldaten."

By means of an appropriation of \$5,000 by the State Legislature and contributions from patriotic citizens, under the auspices of the "Ephrata Monument Association," the present appropriate and imposing monument was erected to the memory of the Revolutionary Soldiers who fought in the battle of the Brandywine. The monument stands in Mt. Zion Cemetery. It consists of polished Quincy granite, and is from the same quarries as the "Bunker Hill" monument. It is 39 feet high, 10 feet square at the base, and the shaft is 30 feet high in one stone. Besides suitable inscriptions, it has in bronze, set in "bas relief," a Continental soldier, cannon, drum, musket, and crossed swords. There are mounted cannon and balls surrounding the monument. Thomas and Miller of Quincy, Mass., were the contractors who erected the monument.

Col. John Wright, who was in the Revolutionary army, was at the time a resident of Ephrata, and had these wounded soldiers brought here for treatment, on account of the fine climate and medicinal water. They were placed in some of the cloister buildings and the Seventh-Day-Baptists helped to nurse and care for them.



"Full to the brim our rivers flowed ;
The melody of waters filled
The fresh and boundless wood."

To the northeast 19 miles to Reading, and to the southwest 13 miles to Lancaster, extends the old highway connecting these two cities for several hundred years. Close by and almost parallel with it is the Reading and Columbia railroad, over which pass three passenger trains daily each way. These trains afford ample facilities for the travel of guests from Lancaster, Reading, Harrisburg, Philadelphia and other points. A new trolley railway has been built from Lancaster to Ephrata, which runs about 14 miles through one of the most beautiful sections of farm lands in Lancaster county. It passes by the door of this hotel, and is now being extended to the city of Reading. The cars run every hour and pass the P. R. R. station in Lancaster. The natural scenery along this trolley is beautiful, classical and picturesque, and affords an inviting pleasure ride. The old Horseshoe turnpike, which was chartered in the year 1803, extends east and west through Ephrata from Philadelphia to Harrisburg.

A part of this pike has been renewed by the Clay and Hinkletown Turnpike Company and forms a good driveway from Clay to Hinkletown through Ephrata.

Extending in a northeasterly direction rises Ephrata Mountain. It is a spur of the South Mountain, which ranges to the north and north-
MOUNTAINS. west, and divides Lancaster and Lebanon counties. Its highest points are about 1,250 feet above tide-water.

The mountains surround the most beautiful valley of productive farm lands.

They are covered with dense forests of chestnut, oak, hickory, cedar, ash, poplar, and other varieties, and protect the lowlands from the severe winds of the north and west.



East Main Street in front of "The Cocalico."

All along the mountain side can be seen the bubbling springs, from which the cool, limpid water flows down the declivities, dripping from rock to rock and babbling over pebble and sand ;

"With many a silvery water-break
Above the golden gravel,"

whence it unites with other waters and forms the brooks wherein sport the speckled trout.

Having descended into the lowlands, these brooks unite and form more pretentious streams, like Spring Creek, Trout Run, Mill Creek, Cocalico, and Conestoga.

Through these channels the refreshing waters wind their way from farm to farm, from mill to mill, from village to town, until they are finally absorbed in the greedy Conestoga, which reluctantly empties into the picturesque Susquehanna at Safe Harbor.

In this valley are seen some of the richest and most fertile lands in Lancaster county, the garden spot of the State. Every farm is a garden and every lawn a flower bed, the whole forming a beautiful park intersected by smooth and inviting driveways.

Spring, Summer, Autumn and Winter are all beautiful **SEASONS.** and attractive by reason of the varied scenery the successive seasons unfold.

The green of Spring-time, when all nature pulses with life, the fields of waving grass, rolling wheat, and growing corn, the new-mown hay, the golden har-



View on the Cocalico.

vest, the romantic meadows, the sweet-scented honeysuckle, the golden-rod, the fern, the laurel, the wild flowers, the autumnal tints of brown and yellow, variegated with the green, the snow-capped mountains, studded with evergreen, the forest trees covered with ice and icicles glimmering in the bright sunlight, the glorious sunsets ; in all these and many others nature has lavished her favors so that the artist needs no foreign tour to inspire his genius and indulge his talent. Here is quiet beauty that suggests culture, refinement and thrift. The heart must be cold that will not melt under these influences.

When it is remembered that the vegetable kingdom inhales carbonic acid and exhales oxygen, it will readily be conceded, that all the elements center here to purify and surcharge the air with their healing balm.

UPON the declivity of the mountain slope where the hotel
LOCATION. stands, with its perfect drainage, porous soil and dry atmosphere, there is no dampness and no malaria.

THE importance of a plentiful supply of the best quality of pure water for drinking and culinary purposes cannot be over-rated.
WATER. The human body is largely composed of water ; it should therefore be drunk freely to assist the vital functions in their operations and maintain a healthy condition of the system.

It is the best medicine in nature and the best conservator of health. Springs are the only safe source for absolutely pure water.

Water that has been filtered, boiled or distilled is of little use compared with that of the famous Glacier Springs from which it is conveyed by gravity to every floor of the hotel and furnished "gratis" to the guests.

The springs are located in an isolated place on the south side of a spur of the Ephrata Mountain.

The water percolates through a red sandstone formation impregnated with iron and magnesia.

Here nature has mysteriously compounded its mineral constituents and imparted unequalled medicinal properties.

There is no surface drainage or pollution to contaminate it.

Its purity is also vouchsafed by the analysis, which shows absolute freedom from contaminating influences.

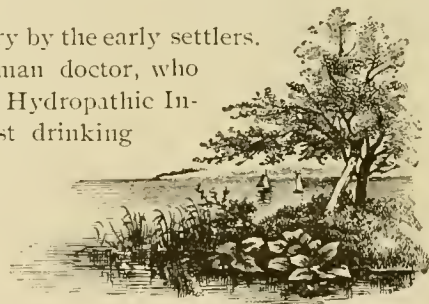
It has been famous ever since its discovery by the early settlers.

Professor Leisenring, the eminent German doctor, who was an expert on waters and founded the first Hydropathic Institute at Ephrata, considered this the best drinking and table water in existence.

It is this water in connection with the climate that has always made Ephrata a fashionable and favorite resort.

It is a soft Alkaline Mineral Spring Water.

It is invaluable in the cure of all forms of kidney disorders.





View on the Cocalico.



Section of Main Porch.

It is unsurpassed as a drinking and table water.

It will eliminate all effete material from the blood.

It will remove uric acid from the system.

It will dissolve all concretions of Urates, Oxalates and Phosphates.

Its exclusive use will positively prevent typhoid fever and other germ diseases.

It is essential in the proper treatment of acute diseases.

It is indispensable to the most perfect enjoyment of health and comfort.

The large amount of sickness which results from the use of unwholesome water could all be avoided by drinking this.

Any person drinking this water will soon be convinced of its superiority over all others.

That we should know the constituent parts of the water we drink daily requires no argument.

FRANKLIN AND MARSHALL COLLEGE,
Lancaster, Pa., August 16, 1903.

Analysis of the Ephrata Mountain Glacier Spring Water.

Basis, a U. S. Gallon containing 58,372 grains.

Calcium	1.8753
Magnesium	0.3770
Sodium	0.14806
Potassium	Traces.
Iron and Aluminum	0.870
Silica (Si O ₂)	0.725
Carbonates (C O ₃)	1.7226
Sulphates (S O ₄)4205
Chlorine in Chlorides	1.0996
Nitrogen as Total Ammonia00193
Nitrogen as Nitrates	0.4141
Nitrogen as Nitrites	Absent

HERBERT H. BECK, A. C.,
Assistant Professor of Chemistry.

According to the highest authorities on water analysis, good drinking water must not contain more than the following number of grains per U. S. gallon: Nitrates, 0.870; Chlorine, 1.680; Sulphates, 5.80; total solids, 29; traces, or not any, of Ammonia or Nitrous Acid.

The analysis of the Glacier Spring Water of Ephrata Mountain shows this to be free of contamination of any kind.

The natural temperature is about 50 degrees, and always below the danger-line of 60 degrees.

It contains large quantities of free oxygen and air, giving it a sparkling appearance and pleasant taste.

The percentage of Carbonates of Calcium and Magnesium, together with traces of Sodium and Potassium, make it a true alkaline mineral water.

The presence of Sulphate of Magnesium gives the water the properties of the famous Epsom Salt, used as a hydragogue purgative, in febrile diseases, in congestion of the *portal* system, and in constipation of *painters'* colic.

The Glacier Spring Water is therefore not only a very superior article for ordinary table use, but is at the same time of medical value, its alkalinity tending to dissolve the concretions of Urates, Oxalates and Phosphates so common in Kidney, Bladder and Rheumatic troubles.

Having personally tested the physiological effects of the water, I can conscientiously recommend its use for the above named purposes.

RICHARD C. SCHIEDT, Ph. D.,

Professor of Physiology and Physiological Chemistry at F. & M. College.

By applying this water to the scalp it will prevent the hair from falling out, promote its growth, and keep the head clean of dandruff.

It is known that more than several centuries ago the Indians frequented this spring and were acquainted with the medicinal and solvent properties of the water, which has been famous ever since its discovery.

The analysis discloses the relative proportions of the mineral constituent parts which nature has compounded in this water.

The Sulphate of Magnesium is the matchless charm in the water, as it produces a similar effect to Epsom Salt.

It also contains large quantities of free oxygen and air, giving it a sparkling appearance and pleasant taste.

To the scientific mind these are conclusive proofs of its superiority.

Those who drank the water have found it very beneficial for disordered kidneys, Bright's



Peristyle—Main Entrance.

disease, disordered stomach, indigestion, nervous prostration, malaria, rheumatism, in all cases of calculus and uric acid conditions and nearly every impaired condition of the functions of the system which it restored to their normal state.

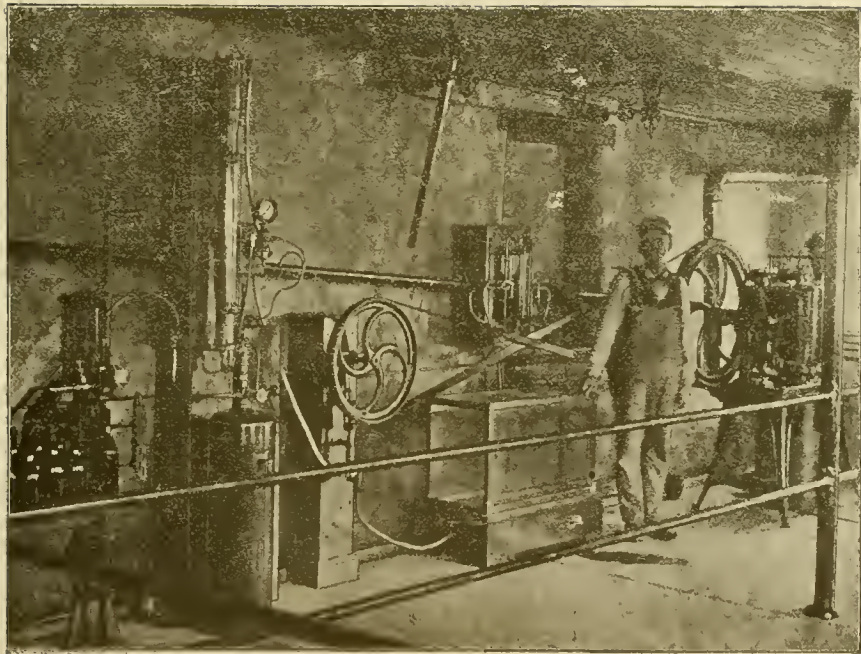
We therefore take pleasure in recommending this water, not only as a beverage for general drinking and table use, but also for its medicinal and solvent properties.

GLACIER SPRING WATER COMPANY.

**IT IS OBSERVED THAT THE SULPHATE OF MAGNESIUM IS THE MATCHLESS CHARM IN THE
GLACIER SPRING WATER, AS IT PRODUCES A SIMILAR EFFECT TO "EPSOM SALT."**

CARBONATED.

The bottling establishment and carbonating machinery are of the most modern type. The public are cordially invited to visit the plant. The water is atomized under a pressure of about 300 pounds and then charged. It becomes the most thoroughly saturated water on the market, by reason of its great porosity, due to the specific gravity and large amount of free oxygen and air contained in its natural state.



Section of the Carbonating Plant.



Office Room.

Most mineral waters are too strongly impregnated and frequently do more harm than good.

A soft alkaline mineral spring water is the best for the system for all purposes, for the reason that it can be drunk without limit and will assist the vital organs in their natural functions better than anything else.

Person ordering "Glacier Spring" water from local agents or the Company for drinking and culinary purposes, should observe that none is genuine without the "Trade Mark" on next page.

The climate of Ephrata, all the year round, is one of its greatest attractions.

There are no extremes of heat and cold. In winter, on account
CLIMATE. of the dry atmosphere, the weather is mild, and during the summer the heat does not become oppressive and the air humid. The breezes from the south and the gentle zephyrs of the north are always cool and refreshing on account of the topography of the country in the neighborhood. The densely shaded mountains, with their springs and brooks, the fertile lowlands and rich meadows with their winding streams, the sappy trees and moisture in vegetation all combine to cool and refresh the atmosphere. These physical characteristics remind you of Wiesbaden, one of the most renowned watering places in Europe. Our South Mountain ranges are very similar to the Taurus which encircles one of the most beautiful and fertile districts in the valley of the Rhine.

No *better* place can be found for the overtasked citizen in search of rest and

NATURAL.

CARBONATED.

EPHRATA MOUNTAIN
GLACIER SPRING
WATER



NATURAL SOFT
ALKALINE LITHIC SOLVENT

THE ANALYSIS IS CONCLUSIVE PROOF OF ITS
SUPERIORITY OVER ALL OTHER WATERS FOR
MEDICINAL AND SOLVENT PROPERTIES AND
AS A BEVERAGE FOR GENERAL DRINKING AND
TABLE USE.

None genuine without this Label and Trade Mark.

REGISTERED APRIL 1897

recreation, while those who are afflicted will always find comfort and relief by inhaling the pure mountain air and drinking freely of the health-giving crystal waters fresh from the springs. Here no sanitarium is required. Here no poisonous drugs are administered. Nature does it all.

Many testimonials could be furnished from persons who were greatly benefited.

The description with its illustrations will give only a faint idea of this magnificent hostelry, built in 1896, with accommodations for two hundred guests. It has all the modern improvements, and is up to date in every respect. The buildings are finished in hard wood, except the bed-rooms. All the floors are in tile and hard wood.

**“THE
COCALICO.”** The main building is five stories high, colonial style. A handsome and commodious annex (Queen Anne style) is connected with the main hotel building by porches 117 feet long, which are entered through a peristyle 15 feet wide and extending back between the buildings 100 feet.

This handsome entrance and extensive porches make a most delightful retreat for guests.

The annex, besides containing the most inviting rooms, has a beautiful sun parlor, which is enclosed in chipped glass of sixteen different colors.

There are parlors and bath-rooms on every sleeping floor. Besides the hot and cold mineral baths, provision is made for steam, electric and vapor baths under experienced supervision.



Section of Stair Hall.



Library and Writing-room.

In summer the windows are provided with awnings and Burrowes' patent bronze wire screens.

The chambers are models of cleanliness, neatness and comfort ; they are absolutely free from flies and mosquitos ; they are supplied with large and convenient closets, through which most of the bedrooms communicate ; they are all connected with the office with electric return call bells ; the floors are covered with woolen carpets in solid colors, under which is placed a thick medicated lining ; these carpets harmonize with the tints on the walls and ceilings ; the bedsteads are brass and enameled, have wire springs, comfortable mattresses, and the very best bedding, entirely new and fresh ; the rooms are well ventilated ; besides the outside windows, there are large transoms and ventilators in the bottom rails of the doors, thereby insuring constant circulation.

The bedrooms, parlors and corridors are so arranged that families can be accommodated with from two to six rooms en suite.

The main office with its handsome gallery, the ladies' reception-room, the graceful staircase, library, reading and writing-room, all finished in quartered oak and connected with each other through large folding doors, are very beautiful and convenient.

These rooms are also made cheerful by the introduction of open fire places, with tiles and artistic mantels. The gas-log in the ladies' reception room and the splendid light fixtures and chandeliers deserve mention.

The dining-room is the most cheerful spot in the hotel. Its walls and ceil-



Section of Dining-room.



Reception Room.



Section of Bath-room.

ing are artistically tinted and decorated. The floor is of maple and waxed, with here and there a fine rug. The decorated china, silver and glassware, the fine smooth linen, together with all the choice table appointments, tend to sharpen the appetite for the many toothsome dishes for which the cuisine is already noted.

The bar, wine, billiard and pool rooms are located on the basement floor with entrance from Lake street, so that no noise can disturb the quietude of the guests, whose entrance to the hotel is from Main street. There is a beautiful ladies' cafe, handsomely furnished with special entrance.

The bar is stocked with the choicest liquors. Billiards, pool and shuffle-boards are provided for the amusement of guests. The ball-room has a waxed maple floor for dancing.

The illumination is by electricity and gas from a plant on the premises and the buildings are heated throughout with steam.

The walls are plastered in adamant and tinted. All the appointments and furniture are first-class in every respect.

The entire outfit of the kitchen, butler's pantry, lavatory, dining-rooms, and, in fact, the entire building, is the very best.

The cuisine department will always be maintained at the highest standard.

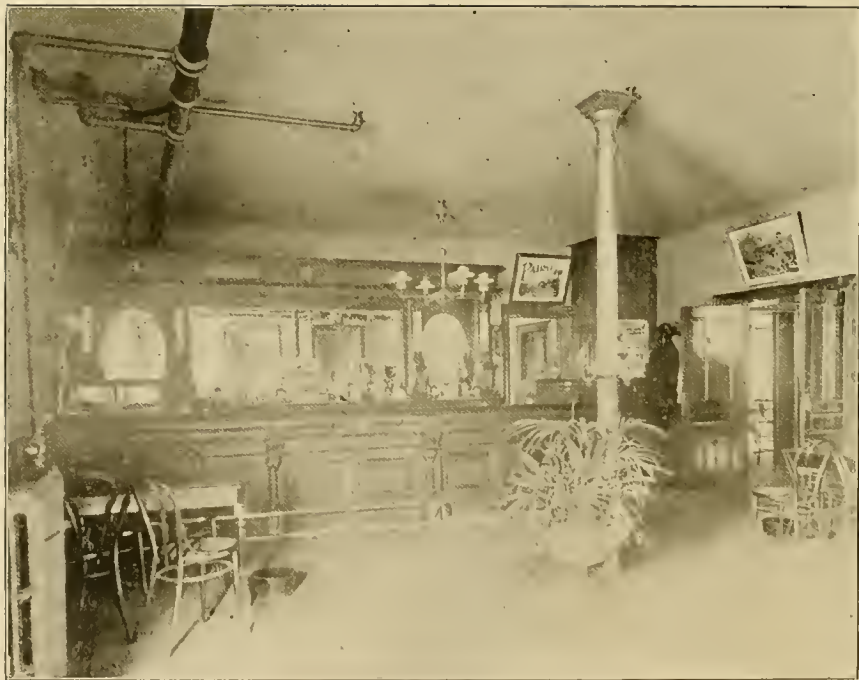
Arrangements are made to have the table supplied constantly with an abundance of every seasonable vegetable, from the surrounding country.

Great care is taken in the selection of cooks and waiters, and no guest will ever have cause to complain.

The sanitation is as perfect as science can make it. All the drain pipes have



Chambers—En suite.



Bar - room.

the latest improved traps. They connect with large soil pipes which extend above the roof with open vents and enter a large underground private ventilated sewer that extends to a public stream. This sewer is open at both ends, so that the pure air circulates through it to prevent the formation of sewer gas.

For protection against fire there is a large water pipe extending from the basement to the top of the building, to which is attached on each floor, a line of two-inch hose with nozzle. For further security against fire, a number of chemical fire extinguishers are placed throughout the buildings. There is also an improved fire escape.

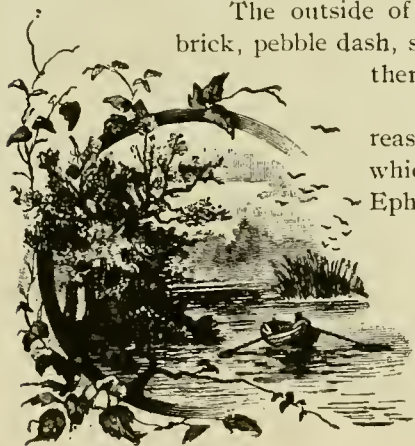
The water pressure is about 90 pounds to the square inch.

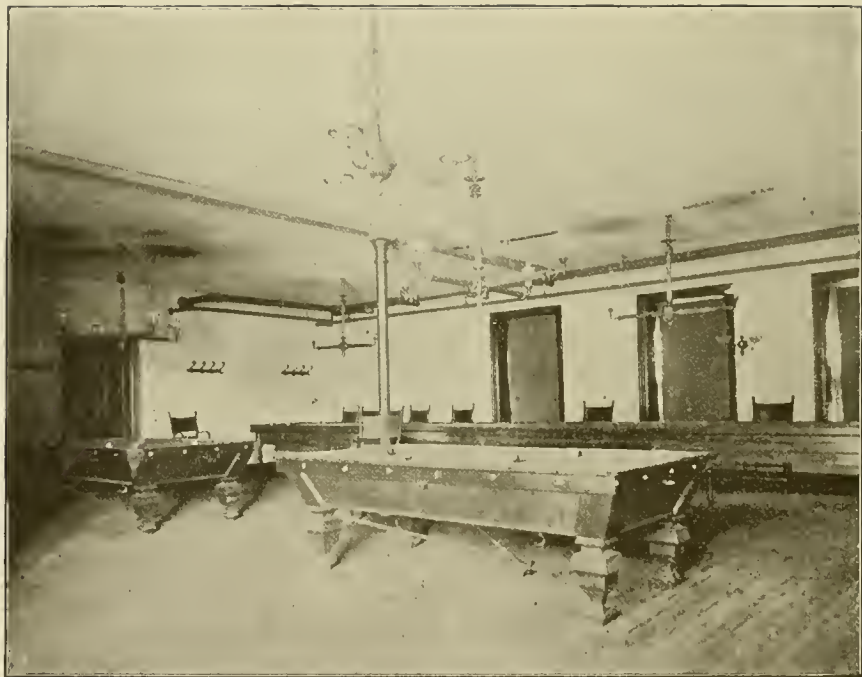
The outside of the buildings are constructed of sandstone, brick, pebble dash, slate and tin. It will, therefore, be seen that there is almost absolute security against fire.

The hotel is open all the year round, for the reason that there is nowhere to be found a place which possesses as many natural advantages as Ephrata for an all-year-round resort.

A fine livery of gentle riding and driving horses is connected with the hotel.

The turnpike and public roads are in splendid condition for driving and cycling. A suitable place is provided for the accommodation of wheels.





Billiard and Pool Parlor.

The skilled fisherman will find rare sport in angling the trout from its mountain fastnesses.

“ I wind about and in and out
With here a blossom sailing
And here and there a lusty trout
And here and there a grayling.”

The Conestoga river, the Cocalico and other streams near by, offer amusement to the unskilled fishermen who are satisfied with the tamer sport of the black bass, catfish, salmon and pike which abound in these neighboring streams. Boating and other out-door exercises are among the attractions.

A Library of choice reading matter.

The entire management is skillful and experienced. Polite attention will always be given to guests.

Transient, \$2.00 per day. Weekly, two in a room \$8.00
RATES. and upwards, and one in a room \$10.00 and upwards, according to room occupied and accommodations required. Special rates for families.

The charges are reasonable. For information apply to



“The Cocalico.”

Ephrata, Pa.



View of Gallery.

